

- $\omega_{\text{eff}} = \sigma_D A^D C^C \left(\frac{\rho}{\rho_0} \right)^{\alpha} \Delta d^d \propto n_r L^{-\beta} \omega^c$ $\Lambda_{\text{eff}} \propto \omega^b$

[illegible][illegible][illegible][illegible]

$\dot{P}_{\text{out}} \approx 4^\circ$

[illegible]

- [illegible]

