





# PARTICIPANT REGISTRATION HANDBOOK

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## Section 1

### 74°5° 1

### MESSAGE FROM THE KATIVIK REGIONAL GOVERNMENT ጋኣናበተወበጐዮና ቴበልኑ ഛፌ፫፫ኒና ቴኖኒጐኒር

On behalf of the Kativik Regional Government (KRG), it is an honour and a privilege for me to congratulate you on becoming a member of Team Nunavik-Québec (TNQ) for the upcoming 2018 Arctic Winter Games (AWG). You are about to take part in the circumpolar world's most important sports competition. I know everyone will perform to the best of their ability in Hay River/ Fort Smith, NWT, and make Nunavimmiut proud.

At this time, you must make a promise to yourself that you will train and prepare for these Games so that you can make the most out of this experience.

 $C^{\circ}C^{\circ}$ ,  $\Delta^{\downarrow}\Gamma_{\sigma^{\downarrow}}$   $\Delta^{\downarrow}$   $\Delta^{\downarrow}$ 

Team Nunavik-Québec's participation in the 2018 Arctic Winter Games has been made possible through the generous support of a number of financial sponsors. I especially want to thank Monty Sylvestre, Makivik, Raymond Chabot Grant Thornton, Raglan Glencore, Nunavik Regional Board of Health and Social Services, Canadian Royalties, the Québec *Ministère de l'Éducation, du Loisir et du Sport*, and Hydro Quebec.

Your experiences at the 2018 Arctic Winter Games are sure to be enriching. All of Nunavik is cheering you on. Congratulations!

ሳጋበራሊሬነሀና 2018-Γ PPPናCጋΓ PPPΓ  $\Lambda$  ኤህላራናላላΓ  $\Delta$ ርጉ $^{\circ}$   $\Lambda$  «"፫ህበናላህሬናጋና.  $\Delta$  ፌ ኤ ይ ይ ይ ላ  $\Delta$  ራ ኤ ነሬ ነሪት ላ የነሪት ምህላራናን በና!

#### **Jennifer Munick**

### MESSAGE FROM THE CHEF AND ASSISTANT CHEF DE MISSION ついっていることで、CHEF ひしょ ひももいつもし CHEF DE MISSION

We want to welcome you to Team Nunavik-Québec for the 2018 Arctic Winter Games. The Games are truly making a difference in the lives of people in our communities. We are now into the final preparation stages for our team. It is important that you train hard and also complete all the documentation that is required of each participant.

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This handbook is intended to inform you of the roles and responsibilities of all the members of Team Nunavik-Québec. Read through it carefully and, if you have any questions, speak with your Coaches or Mission Staff. We cannot stress enough the importance of completing all your paperwork.

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Each of you will be an ambassador for Nunavik and Québec. This is an opportunity of a lifetime! Be proud of your place on Team Nunavik-Québec.

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### Karin Kettler

Chef de Mission Team Nunavik-Québec

**b ኤ ° የሳ**°ᡄ Chef de Mission ຼຼວຼດ ለ ⁰ - d V ° ለ % % J ∢ በ % Γ °

### Philippe Chiasson

Assistant Chef de Mission Team Nunavik-Québec

# ABOUT THE ARCTIC WINTER GAMES PPD'COT PPDT A "JJa-140"

### What are they?

The Arctic Winter Games is the world's largest northern multi-sport and culture event. The Games combine athletic competition, cultural exchange and social interaction between northern contingents.

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### When are they held?

The Games are held every two years, hosted by the northern contingents on a rotational basis. ึ ใจ ใ ว่า เรื่อง

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### When did the Arctic Winter Games begin?

In 1970 in Yellowknife, Canada, 500 athletes, trainers and officials came together for the first Arctic Winter Games. The participants came from Northwest Territories, Yukon and Alaska.

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The idea to "provide a forum where athletes from the circumpolar North could compete on their own terms, on their own turf" came from Cal Miller, an advisor with the Yukon team at the 1967 Canada Winter Games.

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### Who participates in the Arctic Winter Games?

These Games now include participation from Alaska, Yukon, Northwest Territories, Northern Alberta, Nunavut, Nunavik Quebec, Yamal Russia, and the Sapmi people from Scandinavia. The Games are a venue where developing athletes from across the north meet to enhance their athletic skills and to share their respective cultures.

### Who oversees the Games?

The Arctic Winter Games International Committee (AWGIC) governs the Games. This board is responsible for establishing the competitive categories and technical requirements for the Games. The host municipality establishes a Host Society, consisting of community volunteers and professionals who are responsible for planning, fundraising, marketing, organizing, and staging the Games.

### **ρα ΒΙΑ΄ Λ δδ Ισσίσι?**

### What are the Guiding Principles and Values of the Games?

- > Bring together young athletes to participate in friendly competition and share cultural values from countries and regions across the North
- Promote the development and benefits of sport and circumpolar cultures.
- Develop young athletes
- Promote skill development, self-confidence and self-esteem in the athletes
- Promote cultural understanding and harmony
- Provide motivation for young athletes to develop active and healthy lifestyles and to make choices that could lead to the pursuit of personal excellence and provide the opportunity for participants to develop socially and culturally
- > Provide the inspiration and motivation for coach, official, and volunteer development
- > Provide a major vehicle for community development and volunteer involvement

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### **GET TO KNOW HAY RIVER/ FORT SMITH, NWT**



Labrador Sea

Sulf of St John's

QUEBEC

O Toronto

The South Slave Region is an administrative region in the Northwest Territories of Canada. The biggest communities of the region are Hay River and Fort Smith. It's a place of big waters, including gleaming Great Slave Lake, home to Canada's northernmost freshwater fishery, and the gushing Slave River, where top-ranked paddlers compete amongst waves the size of a bus. The South Slave is also a place of big wildlife and wild sanctuaries – especially the largest roaming herds of bison, endangered whooping cranes and regal wolves of Wood Buffalo National Park.

ےہ۔ ۱۹۰ ᡏᢧᡄ<sup>ᡕ</sup>᠘ᢐᡄ᠊ᡣᠳᢧᡷᢛ 2Δ**4**5 ΠΛΑΟΛΑΘΙΟ βαΟΝ΄. Δαςς Εσ South Slave Smith. ٩٩٢٠٤ کاناده، کاناده ک ادے کا الے کا Hay Fort دL River 6aCD' C'9ft -< D'd- CaD'FDCD -6 Great Slave Lake.  $\nabla$ e $\mathsf{L}$  $\mathsf{P}$  $\mathsf{P}$  $\mathsf{A}$ 2P ک³هے ۳ ما۵۰, 9574 VC5D10 ᠕᠘᠐᠂ᠮ᠘᠘ᡒᢆᠣ حL<sup>1</sup> اد کے ا Slave River.  $\langle D U_{\rho} P D^{-0} c \rangle$  $\Gamma = \sqrt{3} \rho_{C}$ < 1 D <  $\Delta_{c}$  LUQ15  $\Delta_{c}$ ᠐᠋᠆᠑ᡧ᠘ᢆ᠘᠘᠙ᠾᠳᢐ South  $\Delta^c$ C)  $\Delta^c$   $\Delta^c$ ,  $\Delta^c$   $\Delta^c$ Wood Buffalo National Park.%

### **Hay River**

ALBERTA

Hay River is a bustling port community and is the terminus of Canada's most remote railway. With a population of 3,728 inhabitants, it is the ancestral territory of the Slavey poeiople, and became a permanent residence as it became an active trade post in 1892.

Hay River  ${}^{\circ}$ PDD  ${}^{\circ}$ APPD  ${}^{\circ}$ PTO  ${}^{\circ}$ PTO  ${}^{\circ}$ PTO  ${}^{\circ}$ APCPCD  ${}^{\circ}$ A

### Fort Smith

Fort Smith or Thebacha ('beside the rapids' in Chipewyan) has a population of 2,536 inhabitants. Lots of tourists come to visit the Slave River situated around the town and some try kayaking its rapids, used before for portaging (it was also known as 'The Rapids of the Drowned'). The community also has its own college, the Thebacha Campus of Aurora.

### **Activities and Attractions**

The South Slave has the second largest park in the world, the Wood Buffalo National Park. Dwarfing many sovereign countries, it guards a great swath of the boreal plains, home to the last remnants of the great bison herds that once roamed across the continent.

Hay River has a museum detailing the history of the town and the presence of the Hudson Bay Company. Known as the Hub of the North, the town is a transportation hub of the NWT. During the summer Hay River is bustling with activity, anything from the Fisherman's Wharf, which takes place every Saturday to the annual Hay Day's festival. Hay River also has beautiful beaches that rival the South and stretch on for miles. During winter, Hay River hosts a number of winter activities such as the annual Polar Pond Hockey tournament, an annual ice fishing derby, as well as snowmobiling, snowshoeing, cross country skiing, ice fishing and dog sled racing.

Forth Smith is home to two museums: the Northern Life Museum, which presents artefacts of the North and the Radium King, a display boat completed in 1937 and decommissioned in 1967. The town also features historic buildings, which are visited by many tourists every year. Fort Smith is also an active community with a focus on arts, culture and recreation combined with a passion for adventure and outdoor activity.

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Fort Smith  $L^{\varsigma}P\Delta\sigma^{\flat}$   $\forall d\sigma\sigma C^{\flat}d\Lambda c^{\flat}$   $C^{\varsigma}\Gamma \Delta\dot{\sigma}'^{\varsigma}J^{\varsigma}$   $\forall d\sigma\sigma C^{\flat}d\Lambda^{\flat}$ ,  $Cd\flat^{\varsigma}\Lambda Cc^{\flat}$   $\forall d\sigma\sigma C^{\varsigma}\sigma^{\flat}$   $C^{\varsigma}\Gamma D^{\varsigma}$   $\Lambda D^{\varsigma}b\Lambda\sigma^{\flat}\Gamma^{\ast}\sigma^{\flat}$   $\forall^{\iota}L_{\sigma}$  Radium King,  $D\Gamma d\Lambda\sigma d\sigma^{\flat}$   $1937-\Gamma$   $\Lambda d^{\iota}\alpha cD^{\varsigma}D\Lambda\sigma^{\flat}$   $\Delta\dot{L}\dot{\sigma}J^{\iota}\alpha DCD^{\prime}L^{\prime}\sigma$   $1967-\Gamma$ .  $\Delta\dot{\alpha}\dot{\alpha}^{\varsigma}$   $\Delta^{\iota}\Delta C^{\flat}\Gamma d^{\varsigma}$   $\forall d\sigma\sigma C^{\varsigma}\sigma^{\flat}$ ,  $d^{\varsigma}\dot{d}C\dot{L}^{\varsigma}$   $Cd\flat^{\varsigma}DCD^{\prime}\sigma^{\flat}$   $d^{\varsigma}L^{\prime}\alpha^{\varsigma}$ . Fort Smith  $\Delta^{\iota}\alpha C^{\flat}\Gamma d^{\flat}\alpha C^{\flat}C^{\flat}\alpha C^{\flat}\alpha C^{\flat}C^{\flat}\alpha C^{\flat}\alpha C^$ 

### Shopping

Both towns have grocery stores where you can buy anything from clothes, care products, various electronic and food. You will also find libraries, coffee shops, and more.

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### Time zone

The NWT is situated in GMT -7, meaning that it is 2 hours behind Nunavik time.

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# FOLLOW US ON SOCIAL MEDIA

### Facebook, Instagram and YouTube



- Official announcements from the TNQ's mission staff
- Important forms to fill and return
- VrFfc VC, LO, CDL45, DU, UCO = U=
- Interesting articles on Team Nunavik-Québec and the Arctic Winter Games
- Exciting contests with many cool prizes up for grabs!
- Ψεάωρς Λεθηής ΦΓΥΔΙΠορς ἡεθθης ΛΑΡθυλθεωρς!
- Amazing photos and videos of TNQ before and during the AWG 2018
- Memorable "Throwback Back Thursday" of the Week
- $\nabla_{\ell,\ell} \nabla_{\ell,l} \nabla_$
- Many extraordinary surprises to come!
- $4\Gamma^{\prime}$   $4\Gamma^{\prime}$
- We have an instragram account, so athletes can follow us and share photos with "Team NunavikQuebec"
- $4^c \in \Lambda^c \in \Gamma$  Instagram- $4 \cap J^c$ ,  $\Lambda^c \in J \in \Gamma$  Le $^c \in \Gamma$   $^c \in \Gamma$  ( $4^c \in \Gamma$   $^c \in \Gamma$ )  $^c \in \Gamma$
- Follow us on Facebook Team Nunavik-Québec and use the hash tag: #FindYourPower or #GoTNQGo
- Lcclact Dcclos Facebook-Γ Δcclos Δclos Δ





# WHAT TO BRING TO NWT

Athletes, coaches, and chaperons will reside in the athletes' village, where meals and accommodations are provided by the Host Society at no cost to the participants. Here is a list of items you absolutely need to bring to Nuuk.

#### **Documents:**

### rdchac:

- Makivik or Beneficiary Card
- ۲۵,۷۹ او ۱۳۵ کار ۱۳۵۹ او ۱۳۵۹ او ۱۳۹۹ کار ۱۳۹ کا
- Medical card
- > <a href="#">146</a> <a href="#">6</a> <a href=
- Arctic Winter Games Participant Consent Form
- Parental Consent to Travel letter
- > 4°L21°6 \ \Cappa 6 \
- Clothing Agreement (Appendix A)
- Photo Release Forms (Appendix B)
- $\triangleright$   $4.5 \leftarrow 0.001$  % 0.100 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.0000 0.000

### Amenities:

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- Personal medications and toiletries
- - Sleeping bag and pillow (sleeping bag for Kuujjuag stay only)
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  - Toothbrush and floss
  - o PJN&(ላዕቦኑ ላርተም ዓ،6ትዕህኑ ላርዓም
  - Shampoo and body wash
  - o "CDU, edaledous drra Ultedous
  - Deodorant
  - 0 Do 50 Db
  - o Etc.
  - ہ ۱۵مالی ا
- Competition clothing and sport equipment
- > V-DU4. 4. ¬¿&L. 4. Г ¬ V&&J4). VP,9U&L.
- Team Nunavik-Québec clothing (will be distributed in Kuujjuaq)
- Spending money

# INSURANCE AND LIABILITY Δ'L%DÔ' 4'Lɔ 4P÷c'PDOJ°c)σ' σαν)Ô'

Participants join Team Nunavik-Québec entirely at their own risk. It is understood that the Kativik Regional Government, the Host Society, the Arctic Winter Games International Committee, the Government of Northwest Territories, and City of Hay River and Fort Smith, and their respective directors, officers, employees, volunteers and agents will not be held responsible for injury, loss or damage sustained during trials, training, travel to and from the Arctic Winter Games (AWG), or at the AWG. These organizations assume no responsibility for loss of wages, or for medical, dental or hospital care, for participants as a result of their participation in the AWG.

عمی،-۱۸۰۱که، کورنی،  $\Delta^{\scriptscriptstyle \mathsf{L}}\mathsf{\Gamma}\sigma^{\scriptscriptstyle \mathsf{b}}$ J64674C  $PUV_P$ عمدداً<sup>د</sup> ۱۳۵۵، ۲۲۲ک کم<sup>ه</sup> ۲۰۰ DPD'CDΓ DPD'd' ለ% የJde L ሊ ነው ውር አፈላ የJe ሲው b በ L ት ር Northwest Terrotories  $PUF_{\rho}C_{c}$ ,  $V = V_{c}U_{\rho}C_{c}$ ,  $V = V_{c}U_{\rho}C_{c}$ الم الم  $P^{\nu}U^{\nu}\Gamma^{\nu}$   $\dot{A}CD_{\sigma}A^{\nu}\Omega_{\sigma}\Gamma^{\nu}$   $\dot{A}^{\nu}_{\sigma}D^{\nu}U^{\nu}C^{\nu}$ ,  $\mathsf{U}_{\mathsf{C}}$   $\mathsf{C}_{\mathsf{C}}$   $\mathsf{C}_{\mathsf{C}}$  ۵٫۵۶ بور ۱۹۰۵ کی ۱۹۵۷ کی ۱۹۵۹ کی ۱۹۵۹ کی کی بور ۱۹۵۹ پر ۱۹۵۹ کی ایداد کی از ۱۹۵۹ کی ۱۹۵۹ کی ۱۹۵۹ کی ایداد کی ۱۹۵۹ کی ایداد کی  $\Delta$ CDG'[ $\Delta$ C] U1C'P'( $\Delta$ C)  $\Delta$ COG'( $\Delta$ C).

TNQ will purchase Emergency Medical Care Insurance through TuGo Travel Insurance to cover all our participants. It will be important that you complete your registration and paperwork so that our Team organizers can complete their application for medical coverage.

There is a polyclinic that has been established by the Host Society for all minor injuries and medical issues during the Games. Participants are not allowed to report to the polyclinic without being accompanied by a Mission Staff member. Any participants that may require medical attention please contact your Mission Staff member/Manager to ensure proper procedure is followed.

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# PFLPDL45, P45UCD& L.C でつるいものでっている

□ Signed Dress Code/Clothing Agreement □ ขิอรื่อ⊂ L∈ๅ゚/ขิอรื่อ⊂ ขิึ่∩ึ๒∩๎๒२∩๒	
□ Signed Last Page - Code of Conduct and Discipline Procedures □ ଏ∩∈グґᡶէჼ๒ ํ⊌゚∧ๅ゚ ピッป゚∈くํッし๓ - ∧♪ピィ゚ィ゚√゚し๑゚๑゚ ៧゚៤೨ ∆๑ჼ∩ᢗ♪ᡄ゚ピプ๔๓゚ュ ៤๓ๅ゚	o <sup>c</sup>
<ul> <li>□ Travel Consent Form for Athletes/Cultural Participants</li> <li>□ ◊◊ַבַּיֹּןסְיּנִלְהַיְּ ◊ְבַּרְאַרְיַ ְרַבְּּוּלִינְ ְרְבַּּוּ ְרְבַּוּוֹלְיִנְיִםְיִּ בְּיִּלְבִּיְּ ְרְבִּּוּ ְרְבַּּוּ ְלְבַּוּ ְרְבַּּוּ ְלְבַּּוּ בְּיִּלְבִּיִּ ְרְבַּּוּ בְּיִּלְבִּיִּ וּ בְּיִּלְבִּיִּ וּ בְּיִּלְבִּיִּ וּבְּיִלְבִּיִּ וּבְּיִלְבִּיִּ בְּיִּלְבִּיִּ בְּיִּלְבִּיִּ בְּיִּלְבִּיִּ בְּיִּלְבִּיִּ בְּיִּלְבִּיִּ בְּיִּלְבִּיִּ בְּיִבְּיִּלְבִּיְ בְּיִבְּיִּלְבְּיִלְבְּיִם בְּיִלְבְּיִּלְבְּיִּבְּיִ בְּיִּבְּיִּ בְּיִבְּיִּבְּיִם בְּיִבְּיִבְּיִם בְּיִבְּיִם בְּבְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִּבְּיִם בְּיִבְּיִם בְּבְּיִבְּיִם בְּיִבְּיִם בְּבְּיִם בְּיִבְּיִים בְּיִבְּיִים בְּיִבְּיִים בְּיִבְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִים בְּיִבְּיִים בְּיִבְּיִבְּיִים בְּיִבְּיִים בְּיִבְּיִם בְּיִבְיִים בְּיִים בְּיִבְּיִים בְּבְּיִים בְּיִבְּיִים בְּיִבְּיִים בְּיִבְּיִם בְּבְּיִים בְּיִבְיִים בְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִים בְּיִּבְּיִים בְּיִים בְּיִבְּיִים בְּיִבְיִים בְּיִבְּיִם בְּיִבְּיִם בְּיבְּיִם בְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִם בְּיִבְּיִם בְּיִבְּים בְּיִבְּיִים בְּיִבְּיִים בְּיִים בְּיבְּיִּבְּיִים בְּיבְּיִים בְּיִבְּיבְּיְם בְּיבְּיבְּיבְּיְם בְּיוּבְיְבְּיבְּיוּבְיוּבְּיבְּיבְּים בְּיבְּיבְּיבְּיבְּים בְּיוֹבְיבְּיבְּיבְּים בְּיבְיבְים בְּיוֹבְיבְּיבְּים בְּיבְּיבְּיבְּיבְּיבְּים בְּיוֹבְיבְּים בְּיבְּיבְּים בְּיבְּיבְּיבְים בְּיוּבְיבְיבְּיבְּיבְּיבְּיבְּבְיבְיבְיבְיבְיבְיבְּיבְים בְּיבְיבְיבְיבְיבְיבְיבְיבְיבְיבְיבְיבְיבְי</li></ul>	

Please fax or email your completed forms to: 819-964-2622 or <a href="mailto:tnq@krg.ca">tnq@krg.ca</a>

# **Section 2**

# ∆د%ل 2

# ROLES AND RESPONSIBILITIES – ORGANIZATIONS 450%70 446 6680 6690 6690

### KATIVIK REGIONAL GOVERNMENT

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The Recreation Department in the KRG will assume a leadership role leading up to participation in the AWG, in consultation with its partners:

- Handle the administration and coordinate the funding of participation in the AWG
- Announce the selection of team members
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- Prepare and enforce a Code of Conduct and Discipline procedures
- > dirbyper reaction of the property of the period of the p
- Disseminate information about the AWG to all local recreation coordinators
- ◊ ዕቀላናተረ የሀትና ነው አንተ ጋውል ተናነውና በየበነራር ጋርና Δ፡ታ ፌ የተውና ው ፌ ድ ት ተነውና ተነውር ተነውር ተነውር ነው ነው።
- Monitor all AWG preparatory activities
- Attend AWG International Committee and host society meetings when required
- Recommend individuals to serve as Mission Staff for the 2018 Games
- Support and advise the Chef de Mission
- Approve all logos and uniforms for Team Nunavik-Québec, in consultation with the Chef de Mission

# ROLES AND RESPONSIBILITIES - TNQ MEMBERS 450670 462 6670 700 - TNQ- ACD40

It is a privilege to be named to the representative team that will be attending the Arctic Winter Games in Hay River/Fort Smith NWT in March 2018. Everyone has a role to play and certain responsibilities that come with that position.

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### CHEF DE MISSION AND ASSISTANT CHEF DE MISSION

### **MISSION STAFF**

 $V_{\rho}$   $V_{\rho$ 

There are six (6) other individuals that will work closely with the Chef de Mission and the Assistant Chef de Mission to ensure that Team Nunavik-Québec meets all its obligations as a unit during the 2018 Arctic Winter Games.

Vanessa Aragutak: Badminton Ben Whidden: Communications

Elise Rioux-Paquette: Snowshoe Frédéric Massicotte: Table Tennis

 $\Delta\dot{c}^{4}$   $\Delta\dot{c}^{4}$   $\Delta\dot{c}^{5}$   $\Delta\dot{c}^{6}$  :  $\dot{c}^{6}$  :  $\dot{c}^{6}$   $\dot{c}^{6}$  :  $\dot{c}^{6}$ 

#### **COACHES/MANAGERS**

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Team Nunavik-Québec will participate in five (5) sports and send a cultural delegation to the 2018 Arctic Winter Games. There are two (2) coaches per sport, one (1) for males and one (1) for females for a total to ten (10) coaches. The cultural contingent has one (1) manager and will have (1) chaperone if the selected candidates are of both sexes.

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Nellie Cain Snowball	Ned Adams Gordon <sub>の</sub> ば ば d d C	:Arctic Sports :DPD°CDF N%%JAPr'C
Anna Kristensen	Marc-André Daniel-Laurin L゚-イ゚プ。 Ċσイ゚-。レ。゚	:Badminton :ᠳくᢧ%ᠳᠳ᠘᠘᠂〈ᢉᢗᠳ᠌ᢥ
Aani Forrest ਹਰ %ਹਟ\	Maxime Gadbois Ľ <sup>b</sup> ィ <sup>j∟</sup> b <sup>c</sup> >⊲	:Dene Games :ՈԺ ೧৯৬၂ଏ२८% :
Shannon Thompson	Vincent Deschênes &°\° U\°	:Snowshoeing :Cˆ¬?∩ˤۍ∿
Charlotte Aculiak らい dd c d い	Aftab Khan <pre>d°C๋</pre> ่ะ	:Table Tennis :ݢˤ┖ 〈゚Сσ՞ჼ
Pamela Stevenson くしことうやっちゃ		:Cultural :کے''طلاء ۱۹۲۲ کی د :کے

### ATHLETES AND CULTURAL PERFORMERS

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Arctic Sports – 13 athletes Dene Games - 16 athletes

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Badminton – 8 athletes Snowshoeing – 8 athletes

 $^{\circ}$   $^{\circ}$ C-2709-8 A89J408C

Table Tennis - 8 athletes Cultural – 3 performers

\$1 < Cσ% - 8 Λ%%J4N%CC  $\Delta = \frac{1}{2} \frac{1}{2}$ 

### **COMMUNICATIONS**

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A Communications Team will travel with Team Nunavik-Québec to the AWG to assist and offer support in terms of media relations, interview preparation, pictures, and updates of all social media. There are five (5) positions on the Communications Team:

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Senior Communications Officer: Brent Reaney

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Communications Liasion: <u>ጋ</u>ኒናናኒውና ጋናርል<sub>ኑ</sub>:

> Akinisie Sivuarapik **ባ**ዮራረ ረን**ሳ**ናለ<sup>6</sup>

Official Photographer: ۵°۲-۵۳۲۲۳۰:

Mathieu Couture ۲<sub>6</sub>۲۶ ۹۶۵

Youth Photographer: **▷ል⁰**ዓና **⊲**ና≻ር▷ሲት%し: Aibillie Oweetaluktuk  $\Delta V \subset \nabla \nabla C \supset \nabla \Delta$ 

Communications Officer: ጋ**ጎ**የበፊ<sup>6</sup> 6Lት:

Jean-Philippe Dubois j°-Λ-' )>1

They are responsible for capturing the activities around the AWG and sharing the highlights of Team Nunavik-Québec through various communications methods such as interviews, media releases and social media platforms.

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### **Promoting Positive Attitude and Behaviours**

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You are ambassadors of our government and communities. The Kativik Regional Government is strongly committed to providing a safe, harassment-free and respectful environment for all the members of Team Nunavik-Québec in order to foster their maximum performance. Attitude and behaviour are keys in creating such an environment and are therefore important criteria for the selection of team members.

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The Kativik Regional Government also promotes *The True Spirit of Inuit Games*. Developed by the Kativik School Board, this approach encourages fair play and sportsmanship. All participants should therefore:

- > Encourage others
- > 4750 \P\ \O \O \P\ \O \O \P\ \O \O \P\ \O \O \P\ \O \O \P\ \O \O \P\ \
- > Follow the rules
- > L-L'0- L-')\>'
- ➤ Show self-control
- $\triangleright$   $\neg \nabla C_c L_{f_c} + O_{f_c} \nabla_{f_c} \nabla_{f_c$
- Applaud the efforts of competitors
- $\triangleright$   $\Lambda D^{c} + 5 CD^{c} + D^{c} CD^{c} + 0 CD^{c} + 0$
- > Be modest in victory
- > 1-670, VLUD44-70440,000,000
- > Do their best to improve

- Cooperate with coaches and judges
- > 4% L2 29C'1066
- > Be proud of their best effort regardless of their final results

The document *Team Nunavik-Québec: Code of Conduct and Discipline Procedures* is furthermore appended to this handbook. The Code of Conduct identifies the standard of behavior expected of all members. Members who fail to follow the code risk losing their position on Team Nunavik-Québec, including opportunities to participate with the team at future events. Athletes, Coaches, Cultural Performers and Mission Staff must <u>read</u>, <u>understand</u>, <u>sign and comply</u> with the *Code of Conduct*.

### **Code of Conduct and Discipline**

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### A. Introduction

**1.** ΛΓ**1**% % Lσ % L

Members of Team Nunavik-Québec are expected to conduct themselves at all times in a respectful and responsible manner. This includes ensuring they are informed and understand the expectations of conduct as outlined in this handbook, as well as any particular expectations of conduct endorsed by their sport. This standard of conduct is expected of participants from the time of the Trials until they return home from the Games.

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It is expected that all participants (athletes, coaches, managers and mission staff) will fulfil their roles and responsibilities as outlined in this handbook. Individuals who fail to do so will be subject to discipline.

σ~ρΓγρδή Δεργείς (Ληθυσής, Υηυστές, ΕΙΡΙΙΑς σίμο Ληθυσότος Λαγίηης) σχητεημητορί σύπρισειτση Εμρρσείτος ρημοτορίς μετορί όμασ μιλίλησ. ΔοΔς υπηθροτημοτορίως μσσσίος.

### B. Standard of Conduct (the do's and don'ts)

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### 1. Respect for Others

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Team Nunavik-Québec is committed to providing a harassment-free sport environment in which all individuals are treated with respect. All participants must make every effort to promote a safe, harassment-free environment where all team members are treated with respect so the experience is conducive to maximal enjoyment for all. Furthermore, Team Nunavik-Québec supports equal opportunities and prohibits discriminatory practices. Participants will refrain from comments or behaviors, which are disrespectful, offensive or abusive (including racist or sexist).  $\Delta = \hat{\Gamma}^{c} = \Delta + \hat{\Gamma}^{c} + \hat$ 

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All TNQ participants must attend Games Opening and Closing Ceremonies, Sport Opening and Closing Ceremonies if applicable, as well as all official Team functions in full uniform in accordance with the Dress Code.

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### 3. Residence

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Unless prior approval is received from the Chef de Mission, all athletes, coaches and chaperones must reside in the Athletes' Village.

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#### 4. Curfew

The curfew for all participants as set by the Host Society is 11:00 pm with "Lights out" at 12:00 am midnight. Exceptions may be granted for late competition schedules and other matters beyond a team's control. Coaches may set earlier curfew times based on game/event schedules.

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### 5. Prohibitive Substances and Fair Play

TNQ and the AWG International Committee strongly embrace the concept of Fair Play in Sport and unequivocally oppose cheating, which includes the use of substances or methods banned by National Sport Organizations and the Canadian Centre for Ethics in Sport.

TNQ and the AWG International Committee recognize the Canadian Policy on Penalties for Doping in Sport (endorsed by the Canadian Centre for Ethics in Sport, adopted by Sport Canada, and the National Sport Organizations) and will honour suspensions of athletes or others determined to have committed doping or doping related infractions. Therefore, any person under suspension by their national or territorial/provincial sport organization shall be ineligible to participate in the Arctic Winter Games until the NSO or T/PSO has lifted the suspension.

#### 6. Illicit Drugs

Λίθρα Λόρβορος άδιρεαρΔο

Team members are not permitted to possess or use any illegal drugs.

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### 7. Alcohol and Tobacco

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Minors shall not consume alcohol nor use any tobacco products, including snuff, at any time during the Games. Minors found possessing any alcohol or tobacco products will have these items confiscated and may be subjected to further discipline.

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Adults shall not consume alcohol in the Athletes' Village, nor shall they be under the influence of alcohol at any time they are performing their official duties as a member of TNQ.  $\Delta \underline{\text{Lic}} \Delta \Gamma 4 \underline{\text{$ 

Adults shall refrain from smoking in the Athletes' Village, at all official TNQ activities or functions, at competition sites, and on Host Society provided transportation.

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- > use of tobacco products, including snuff, by minors
- > ) COP Lale A PLACE AS DE DE DE LA DESTRETA DE LA
- ➤ use of tobacco products by adults in the Athletes' Village, at official Team Nunavik-Québec activities or functions, at competition sites, or on Host Society provided transportation
- $\blacktriangleright$   $\Delta^{LL}^c$   $\Delta^{SC}^c$   $\Delta^{SC$
- disturbance or disruption after quiet time in the Athletes' Village
- ۲۵ کام ۱٬۹۷۱ می ۱ کام ۱٬۹۷۱ می ۱٬۹۱۲ می ۱٬۹۲ می ۱٬۹۱۲ می ۱٬۹۲۲ می ۱٬۹۲۲ می ۱٬۹۲۲ می ۱٬۹۲۲ می ۱٬۹۲۲ می ۱۲ می از ۱۲ می ۱۲ می از ۱۲ می از
- > disrespectful, offensive or abusive (which includes racist or sexist) comments or behaviour
- disrespectful of fair play values and conduct, such as arguing
- $\triangleright$   $\dot{\ell}\ell'$   $\dot{\ell}'$   $\dot{\ell}$   $\dot{\ell}$
- being late for or absent from Team Nunavik-Québec activities or functions
- failing to follow the dress code for official functions
- > Lcbbfoth 4 pitches Lclblot ALLator 400100
- other similar infractions of minor severity
- > dror Ulide yer representations of the second of the seco

Note: The preceding list provides <u>examples</u> of minor infractions only. It does not include all possible minor infractions and is only intended to provide guidance to differentiate minor infractions from major infractions.

 $\Delta^c \Lambda^c V V V = \frac{1}{2} \frac{1}$ 

Examples of <u>major infractions</u> (gross misconduct), which will not be tolerated, include: ἐκὸρικο Δειταίρος Λουμπος (Υισοδιος Λουμπος), Δειταίρος Λουμπος), Δειταίρος Κουμπος Κουμπος Κουμπος (Υισοδιος Κουμπος), Δειταίρος και Ευσθεί Αργίος και

- disrespectful of fair play values and conduct, such as fighting
- curfew violations
- repeated disturbances or disruptions after quiet time in the Athletes' Village
- repeated or gross display of disrespectful, offensive or abusive (which includes racist or sexist) comments or behaviour
- repeated lateness for, or absence from, Team Nunavik-Québec activities or functions
- 4CDY41σ D<>5'Cσ<sup>1</sup>
   1σ<sup>1</sup>
   Δοδος
   Δοδο
- bringing disgrace to Team Nunavik-Québec
- > VD&&LLYDE,Le LAITUCLER V-LETOC DEVELOPCE
- possession or use of illicit drugs
- > use of alcohol by a minor at any time
- use of alcohol by an adult within the Athletes' Village, or being under the influence of alcohol while performing official duties as a member of TNQ
- ho  $\Delta \Gamma 43^{\circ}$   $\Delta \Gamma 43^{\circ}$
- Intoxication
- > 1°66° 66
- betting or gambling
- activities or behaviour which disrupts competition
- $\rightarrow$   $\forall U$   $\forall U$
- > pranks, jokes or other activities which endanger the safety of others
- ▶ ρ·Λ·γ·σ·ς Δ·γ·γ·ρ·ς αινθιβείνες γουρς β·Λασ·νριακία αινθιβείνα αιςσενοίσωνος
- criminal activities
- other similar infractions of major severity

Note: The preceding list provides <u>examples</u> of major infractions only. It does not include all possible major infractions and is only intended to provide guidance to differentiate major infractions from minor infractions.

 $\Delta^{\prime}\Lambda^{\prime}\Psi^{\prime}$  \\ \tau^{\dagger} \\ \La^{\dagger} \\

### C. Disciplinary Sanctions Applicable at the Games

C.  $\Delta = (U^2 + Q^2 + Q^$ 

### 1. For Minor Infractions (misconduct)

1.  $\Lambda^{L}L^{8}\Gamma^{0}$   $\Lambda^{-}bJ\Pi^{0}$   $\Lambda^{-}b\Gamma^{0}$ 

The following sanctions may be applied, singly or in combination, for minor infractions:

- earlier curfew
- verbal or written reprimand
- ۵،۹۵۲ م. ۵،۵۵۳ م. ۵،۵۹۲ م. ۵،۵۹۲ م. ۵،۵۹۲ م. ۵،۹۹۲ م. ۵.۵۹۲ م. ۵.۵۲ م.
- formal verbal apology (witnessed)
- formal written apology (hand-delivered)
- $\triangleright$   $\forall c = 0$   $\forall c \in C$
- suspension from certain Team Nunavik-Québec activities, which may include suspension from the next scheduled competition at the Games
- $\blacktriangleright$   $\Delta''$   $\Delta''$
- > other sanctions as may be considered appropriate by the Coach/Manager

#### 2. For Major Infractions (gross misconduct)

2.  $\Lambda^{L}L^{\circ}a^{\circ}\Lambda \rightarrow bJ\Pi a^{\circ}$  ( $\Lambda^{L}L^{\circ}a^{\circ}\Lambda \rightarrow b^{\circ}a^{\circ}\Lambda \rightarrow b^{\circ}\Lambda \rightarrow b^{\circ}\Lambda$ 

The following sanctions may be applied, singly or in combination, for major infractions: Ldd d\(\delta\chi^2\chi\delta' \dolta\chi^2\chi\delta' \dolta\chi\delta' \dolta\chi\d

- revoking Team Nunavik-Québec clothing
- removal of certain Team Nunavik-Québec or Athletes' Village privileges
- » ۱۰٫۲۵۵، ۵ حواره عمره۱۸۰۱۵ کورون که ۱۵۸۰۱۵ عمره۱۸۰۱۵ کورون که ۱۸۰۲۵ کورون که ۱۸۰۲۵ کورون که ۱۸۰۲۵ کورون که ۱
- assignment to direct supervision for a prescribed period of time
- removal from a portion of or the remainder of the Games

- expulsion from the Games
- > 100000 Noglacitaci
- > other sanctions as may be considered appropriate by the Discipline Committee

Note: Further disciplinary action may be taken after the Games and may involve suspension from future Games and competitions. Incidents which involve a number of team members may result in the entire team receiving or being affected by disciplinary sanctions.

 $\Delta^{\prime}\Lambda^{\prime}\Gamma$   $\Delta^{\prime}\Gamma$   $\Delta^{\prime}$ 

### D. Disciplinary Responsibilities

**δ. ΔσίΠ**ωσίΓι **δ**Ελνσί

At the Games (Including travel)

 $\Lambda_{\rho} \Lambda_{\rho} \Lambda_{\rho$ 

### **Minor infractions**

The Coach/Manager is responsible for discipline for all minor infractions.

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 $\Lambda_r \Gamma \sigma_s U \Gamma \sigma_r V_r \Gamma$ 

The Coach/Manager will keep a written log of all minor infractions. The Coach/Manager may also complete an incident report for a minor infraction using the form contained in Attachment "A" (Incident Report), in which case, a copy is provided to the Mission Staff of the sport. In any case, the offender must be informed that their bad behaviour has been noted.

### **Major infractions**

The Discipline Committee<sup>1</sup> is responsible for discipline for all major infractions. The Mission Staff for the sport prepares an incident report for the major infraction using the form contained in Attachment "A" (Incident Report), in which case, a copy is provided to the Discipline

<sup>&</sup>lt;sup>1</sup> The Discipline Committee comprises the Coach/Manager for the sport/group, the mission staff assigned to the sport/group, and the Assistant Chef de Mission, who shall chair the committee. If the individual being disciplined is one of these three people (or related to them), the Chef de mission, shall appoint a suitable alternate to serve on the Discipline Committee.

Committee and retained by the Assistant Chef de Mission. Also, keep in mind that the Host Society may take immediate and cumulative disciplinary action too.

 $V_1\Gamma^{\prime}C_1$ 

 $\Delta \sigma^{\epsilon} \Pi_{\lambda} \sigma^{\epsilon} d^{\epsilon} = \frac{1}{2} (1 + 1)^{\epsilon} (1 +$ 

### **Appeal Level**

If you think a decision is unfair, you can appeal it to the appeals committee<sup>3</sup> within 2 hours. To do so, fill in the form you receive with the disciplinary decision.

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Do not hesitate to ask for help. Talk to your Coach or Mission Staff. You can ask for someone to represent you in an appeal – an athlete's advocate<sup>5</sup>.

 $^2$   $\Delta\sigma^{\epsilon}$ በ $\Lambda\sigma^{\epsilon}$  $^{\epsilon}$   $^{\epsilon}$ 

<sup>3</sup> The Appeals Committee is made up of the Chef de Mission, who shall chair the committee, a member of mission staff from a different sport, and a third person selected by the Chef de Mission from among the appellant's peers, but not from the same sport/group (i.e. if the appellant is an athlete, this would be another athlete or if the appellant is a coach, then another coach, etc.) or the Director of the KRG Recreation Department.

Prior to the Games, the Chef de Mission shall compile a list of Athletes, Coaches, Chaperons and Mission Staff who are willing to serve on the Appeals Committee. If the Chef de Mission is the appellant, a suitable alternate shall be appointed to serve on the Appeals Committee in their place.

 $^4$  ላርጐታንበ $_{\rm o}^{\rm c}$  ሁበርት  $^{\rm c}$  ርእናሃንና እጐህላ $_{\rm o}^{\rm c}$ ንረዚና ላጐሁላናቴት ነው, ርቴፊ ት ሁበርት  $_{\rm o}^{\rm c}$  ሁበርት ርእናታን እጐህላ $_{\rm o}^{\rm c}$ ንረዚና ላጐሁላናቴት ነው, ርቴፊ ት ሁበርት  $_{\rm o}^{\rm c}$  ለኅላው እጐህላንረዚና ላጐሁላናቴት ነው. በህናላን ላርጐታንበን እጐህላንረርን ተነ እጐህላንረርን ለጐህላንረርን ተነ ለጐህላጐቦጐ, የተላው ሀቴጐሁን ነው የናጋጐ እጐህላንረርን ነው ( $_{\rm o}^{\rm c}$ ) ነው የረታጐት ላርጐታንበት እጐህላናትን ነው የናጋጐ እጐህላናትን ነው የነገርት ነው የረታጐት ነው የረታጐት ለርጐታንበት አስላርጐትን ነው የረታጐት ለርጎት ነው የረታጐት ለርጎት ነው የረታጐት ለርጎት ነው የረታጐት ነው የረታጐት ለርጎት ነው የረታጐት ነው የረተጐት ነው የረታጐት ነው የለርጎት ነው የረታጐት ነው የረታጐት ነው የረታጐት ነው የረታጐት ነው የርጎጐት ነው የረታጐት ነው የርጎጐት ነው የርጎጐት

ለጐ፟ህላፍ'ፈላና ተንራጐኒራ, ለጐ፟ህላሒላናጋተደፈና ላጐኒፈናኒጐኒና ጳናናየረΔራላናጋጐ ፌካደነበቦጐ ለጐጐህላበራቪራጐ, ኣጐህላናተትራቪራጐ, ለጐህላናበራቪራጐ, ላጌተናበራቪራጐ ላይነርስራት ላይነጋ ላይነርስራት ለመደረሰ ለተከተለ ለተከተለ ለመደረሰ ለመደረሰ

<sup>&</sup>lt;sup>5</sup> An Athlete involved in a discipline situation shall be advised that they have the right to seek the advice and assistance of an Athlete's advocate. The role of the Athlete's advocate is to advise the Athlete of his or her rights, to provide support and to speak on behalf of the Athlete, if requested. An Athlete's advocate may be a member of the Mission Staff or any other member of Team Nunavik-Québec who has been requested by the Athlete to act as their advocate, and who is willing and able to serve. If an Athlete is unable to secure an advocate, the Chef de Mission will appoint one.

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Only the offender or the Chef de Mission can appeal a decision.

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### 2. Procedures for Discipline at the Games

- 2.  $\Delta \sigma^{5} \Pi_{\alpha} D \dot{\Pi}^{c} L = U^{b} \Gamma^{c} \Lambda^{b} J \sigma^{5} d \sigma^{5} d \sigma^{5}$ 
  - (a) The <u>individual</u> who is alleged to have committed the infraction will be advised of the procedures outlined in this policy, and of the right to consult with an athlete's advocate (if the individual is an athlete), a parent/guardian (if the individual is a minor) and/or legal counsel. The individual who is alleged to have committed the infraction will also have an opportunity to submit a written response, if so desired.

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  - (b) As soon as possible after the incident is reported, the Discipline Committee shall convene a hearing. The hearing shall be governed by such procedures as the Discipline Committee sees fit, provided that the following principles are observed:

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    - > the individual being disciplined shall be given reasonable notice of the hearing and shall have an opportunity to address the committee

    - the individual being disciplined may be accompanied by an Athlete's advocate, or any other adviser including legal counsel
    - > \( \Delta \) \(
    - > the hearing shall be held in private
    - → ⊃\JCO→%U 647NCO→4'5'% ~D\J\^a~ O'6\0'1'~~~~
    - the committee may request that witnesses to the incident attend the hearing to provide evidence

- the individual being disciplined shall be given the opportunity to question those giving evidence and is provided occasion to speak on their own behalf concerning the events that lead to the hearing.
- $\triangleright$   $\Delta_{a^{5}}\Delta_{b^{5}}\Omega_{c}^{c}$   $\Delta_{c^{5}}\Omega_{c}^{c}$   $\Delta_{c^{5}}\Omega_{c^{5}}\Omega_{c^{5}}\Omega_{c^{5}}$   $\Delta_{c^{5}}\Omega_{c^{$
- (c) The Discipline Committee shall determine <u>appropriate sanctions</u> in accordance with the guidelines outlined in this policy. The committee's decision shall be communicated to the individual in writing, with reasons, using the form shown in the Attachment "B" (Decision of Discipline Committee) and shall take effect immediately. A copy of the committee's decision shall also be provided to the Chef de Mission.

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- 3. Procedures for Discipline after the Games

#### **After the Games**

The Chef de Mission and the Disciplinary Committee in consultation with the Director of the KRG Recreation Department shall be responsible for discipline after the Games as it pertains to participation as a member of Team Nunavik-Québec at future Games. This action will involve conducting an investigation and if necessary, a hearing.

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### E. Appeals

- L. 4C°&DPŰ
- 1. Grounds for Appeal
- 1. <u>10° + > 7° + 5</u>

Appeals of discipline decisions made at the Games may be heard only if there are sufficient grounds for the appeal. Sufficient grounds include the following:

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- > decisions made where the decision makers did not have the authority or jurisdiction
- > failure to follow proper procedures which includes providing a fair hearing
- $\blacktriangleright$  Legger ADYDYAC be CL a  $\Delta$ egger ADYDYAA  $\Lambda$ cYAADYD  $\Lambda$ cYAADYD  $\Lambda$ cYAA
- making a decision that was influenced by bias
- > JPC' Y'SCDYLY' D'DA&+"+J'
- failure to consider relevant information or taking into account irrelevant information in making the decision
- making a decision for an improper purpose
- > quellible Alcour alcour arrester arrester Actubional
- making a decision which was unreasonable
- > לייףחילה שי שיליה לרש עלדי
- 2. Procedures for Appeal of Discipline Decisions made at the Games:
- 2. ለእተስየባትና ባርቴታያብነቴ/ምብና Δσίημσιδίς ጋዮርጐ]ላታ፣ ለጐን]ባታናላባታ ሳናየርእተደታ፣:

  - d) As soon as possible after receiving notification of an appeal, the Appeals Committee shall review the Notification of Appeal and decide if the grounds for appeal as stated are sufficient to warrant an appeal (see Section E 1.). If it is decided that the stated grounds are not sufficient, the appellant will be advised that the grounds are insufficient and that

the appeal will not be heard. This decision shall be communicated to all parties in writing. If the Appeals Committee decides that there are sufficient grounds they shall convene a hearing. The hearing shall be convened by such procedures as the Appeals Committee sees fit, provided that the following principles are observed:

- the appellant shall be given reasonable notice of the hearing and shall have the opportunity to address the committee
- the appellant shall be advised of their right to be accompanied by an Athlete's advocate or any other adviser, including legal counsel
- $\triangleright$  40°  $\Rightarrow$  50°  $\Rightarrow$  60°  $\Rightarrow$  6
- > the hearing shall be held in private
- > )1JCD=%L 647NCD=45)% ~D0D%~~ 0°1040°12°~~~
- > the committee may request that witnesses to the incident be present at the hearing to provide evidence
- the appellant shall be given the opportunity to question those giving evidence and be provided an occasion to speak on their own behalf concerning the events that lead to the hearing.
- e) The <u>Appeals Committee</u> shall have the authority to uphold the decision on discipline, to reverse the decision, and/or to modify any of the recommended disciplinary sanctions.

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- f) The decision of the Appeals Committee shall be <u>communicated</u> to all parties in writing, with reasons, using the form shown in the Attachment "D" (Decision of Appeals Committee) and shall take effect immediately.

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- g) The <u>decision</u> of the Appeals Committee shall be final and binding, subject only to a decision of any court of competent jurisdiction.

  40° PPD 6DLP PPD 4DC PPD
- 3. Procedures for Appeal of Discipline Decisions made after the Games.

Appeals of discipline decisions made by the KRG Recreation Department after the games must be made within ten (10) days following notification of the decision. The notification of appeal must be presented in writing and indicate the grounds for appeal. Upon receipt of an appeal:

- the KRG Recreation Department will establish an Appeals Tribunal to review the appeal and its grounds. The tribunal will be composed of persons who are unbiased and would bring an appropriate blend of skills, experiences and perspectives to the appeal. The appellant will be given the opportunity to approve the members selected
- $\wedge$  KRG-d'  $\wedge$ 16' $\wedge$ 17'  $\wedge$ 14\ $\wedge$ 8' LP' $\wedge$ 24')  $\wedge$ 16'  $\wedge$ 16\ $\wedge$ 16'  $\wedge$ 1
- > the tribunal will consider the appeal and decide whether or not a hearing is warranted
- $\triangleright$   $\Delta^{4}\Delta C \delta^{4}$   $\Delta^{4}C^{4}\Delta C \delta^{4}$   $\Delta^{4}C^{4}\Delta C \delta^{4}$   $\Delta^{4}C^{4}\Delta C \delta^{4}$   $\Delta^{4}C^{4}\Delta C \delta^{4}$
- if the tribunal decides that the appeal does not indicate sufficient grounds they will deny the appeal and notify the appellant of their decision in writing stating reasons
- $\triangleright$   $\Delta^{c}$   $\Delta^{c}$

### The tribunal may decide:

 $\Delta^{55}$ 

- > to void, vary or confirm the decision being appealed
- > to make any decision it feels should have been made
- to refer the matter back for a new decision with directions to correct any errors that were made

- > to determine how costs of the appeal shall be allocated
- > aportano bao actoronor partinore anjeralos.

### F. Confidentiality at Games

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All individuals involved in a disciplinary matter, including the individual being disciplined, shall refrain from disclosing the details of the matter to outside parties.

### **DEALING WITH MEDIA AND TIPS FOR INTERVIEWS**

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Throughout the course of the Games you may be asked to talk with the media. In some cases this will be arranged through the mission staff, coach or manager. If not please make them aware of the request as soon as you are asked.

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The media are looking for the best possible story. They are not only concerned with the winners; they are looking for intriguing stories about interesting people, controversial situations, and special angles. If you present yourself and your team in a positive manner, it will bring good publicity to you, your team, and your sport.

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### Here are some tips to help you prepare:

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- ➤ **BE PREPARED** Spend some time thinking of which questions you may be asked before, during, and after the competition. Think about some stories or issues that may arise and how to deal with them if asked for an interview. If you are unsure why you are being interviewed, ask the interviewer before he or she starts.
- **> P < 2^{1}ነ' \Lance -**  $\Delta L = 2^{1}$  \Lance \  $\Delta L = 2^{1}$  \Lance \  $\Delta L = 1^{1}$  \Lance \  $\Delta L = 1^{1}$  \Lance \  $\Delta L = 1^{1}$  \\Delta \\Delta \Lance \ \Delta \\Delta \Lance \\Delta \\Delta \Lance \\Delta \\Delta \Lance \\Delta \\Delta \Lance \\Delta \Delta \\Delta \\D
- ANTICIPATE THE QUESTIONS Questions asked in an interview should not be a big mystery. You can anticipate most of them and have your answers ready.
- ho **σαριλ΄ ho ሴ ho 4Λα ho ሲσ ho -** 4Λαρής ho ho
- ➤ LISTEN TO THE QUESTION Many of the questions asked are not really questions. Any questions that start with "do you think" or "isn't it true that" are not as tough as they sound. You can answer the questions briefly and then move on to your message, no matter what the question. If you get a question like, "What was good and bad about the Games", answer the part you want to answer and ignore the other part unless you are asked again.
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- ➤ **GIVE YOUR POSITION** Do not allow interviewers to put words in your mouth. If you have a position on an issue, state it clearly. If they try to get you to change your position, keep coming back to your message. It is also a good idea to think of different ways to deliver your message.
- > STAY IN CONTROL There is nothing to fear in an interview. You are in control. No one can make you say anything that you don't want to and you only have to offer as much as you want.
- ➤ **BE POSITIVE** No one likes someone who is complaining about things, such as the way that you think things were organized. No matter how you feel, think of something positive to say in every situation.

At all time, the Communications team and the Mission Staff remain available to hear your concerns and give you some tips and advices to prepare you for an interview with the media. Remember, you are ambassadors of our government and communities.

### CONTACT NUMBERS AND ADDITIONAL INFORMATION

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Aftab Khan	Table Tennis	581-231-0328	inukkhan@hotmail.com
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Mission Staff:	Sport:	Phone:	Email:
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الأحة طغمة	ሀ <del>፡</del>		
Assistant Chef de	Mission:	514-246-2632	pchiasson@krg.ca
Philippe Chiasson			
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# **Appendix A**

### DRESS CODE/CLOTHING AGREEMENT

All Team Nunavik—Québec members will receive high-quality and attractive team uniforms. In return, team members must sign an agreement, in which they undertake to wear the appropriate clothing at all competitions and events and comply with the dress codes as set out by the agreement. You must sign and return to us the completed Clothing Agreement form found in Appendix A.

Items of clothing will be provided for each member of Team Nunavik-Québec and their participation at the 2018 Arctic Winter Games. These items remain the property of Team Nunavik-Québec and if no sanctions are levied upon the participant at the conclusion of the Games, the clothing becomes the property of the participant.

All Team Nunavik-Québec members must dress respectfully and appropriately at all times during the Games. Items of clothing that promote the use of drugs or alcohol are prohibited. Smoking in uniform is not allowed at any times. Participants are expected to dress appropriately at all official functions i.e.

Pep Rallies	Parka and Outdoor Pants	
	Hoodie and Sweat Pants	
	Green TNQ T-Shirt	
Opening Ceremonies	Parka (fully zipped) and Sweat Pants	
	Black TNQ T-Shirt	
Indoor Competition	Green or Black TNQ T-Shirt	
	Sweat Pants or Shorts	
	Hoodie or Completive Jacket	
Outdoor Competition	Parka or competitive jacket	
	Outdoor pants or sweat pants	
	Green or Black TNQ T-Shirt	
Medal Ceremonies	Competitive Jacket (fully zipped)	
	Sweat Pants	
Closing Ceremonies	Green or Black TNQ T-Shirt	

<b>1</b>	naving read the TNQ 2018 Arctic Winter Games
nereby accept the clothing provided and a	owledge and understand that as a member of TNQ, I gree not to de-face said clothing and agree to follow
he outlined expectations regarding my dre	SS.
Participant Signature	Date:

# **Appendix B**

### **CODE OF CONDUCT AND DISCIPLINE AGREEMENT**

I, the undersigned, as a Team Nunavik-Québec participant at the 2018 Arctic Winter Games, understand that there are expectations of me as to conduct and behavior as outlined in this Code of Conduct and Discipline Procedures handbook. I agree to abide by the established rules and regulations. Should I fail to follow these regulations I realize my conduct shall be reviewed and I may be disciplined, up to and including removal from all program areas and that further action may be taken following the Arctic Winter Games. I agree to make every effort to provide a safe, harassment-free environment where all participants are treated with respect and which is conducive to maximal enjoyment of all.

Print Name of Participant	Signature of Participant
	_
Date	
Print Name of Witness (Parent or Guardian)	Signature of Witness (Parent or Guardian)
	_
Date	
Print Name of Program Coordinator	Signature of Program Coordinator
	_
Date	_

# **Appendix C**

### TRAVEL CONSENT FORM FOR ATHLETES/CULTURAL PARTICIPANTS

Information about travelling athlete/cultural	participant (completed by pare	nt or guardian)
Name:		
Athlete's/Cultural Participant's full name		
Date and place of birth:	dd/mm/aaa	location
Type of identification:	dd/mm/yyyy	iocation
Number & date of issue of identification:	Beneficiary Card, Birth Certificate, P	assport, Driver's License or other photo ID
	number	dd/mm/yyyy
Information about accompanying mission s	staff / manager / coach (complet	ted by KRG Recreation)
The athlete/cultural participant mentioned	above has my / our consent to	travel with:
Name:		, diox initial
Role:		
Name:		
Role:		
Note.		
Contact information during trip (completed	by KRG Recreation)	
I/We give our consent for the athlete/cultu visit:	ral participant mentioned abov	e and accompanying person(s) to
Location:	Kuujjuaq QC, Hay River/Fort Smith,	Northwest Territories
During the period of	March 14, 2018 to March 25, 2018	
E-mail:		
Emergency contact information (completed	l by parent or guardian)	
In the unlikely event of an emergency, the	KRG Recreation representative	ve should contact:
Name(s) & Relationship:		
Address:	full name(s) of person(s) or organiza	tion giving consent and relationship
Address.	mailing / street address	
	community, province, country	
Telephone numbers:	daytime	evening
E-mail:		ovorig
IF THE PERSON IS UNDER THE LEGAL AGE OF I am the parent or legal guardian of the minor above named fully understood the contents of this Agreement, and conser DELIVERED in the presence of:	, and I have legal authority to execute this A	
Signature of Parent or Guardian	Date Signed	