

COVID-19 : USEFUL CONTACT INFO



Are you worried about COVID-19 or have symptoms like cough or fever?

Contact NRBHSS phone lines

☎ 1-833-301-0296 (general line)
(9am to 5pm - Monday through Friday)

☎ 1-888-662-7482 (health line)
(10am-10pm week & 10am-5pm weekend)

Contact NRBHSS Facebook page (9am to 5pm – 7 days/week)

f NunavikHealthBoard
www.facebook.com/NunavikHealthBoard

TEMPORARY AID FOR WORKERS

Contact 1-833-381-2725

Program for workers who are not eligible to receive Employment Insurance and are in isolation for one of the following reasons:

- they have contracted the virus or present symptoms;
- they have been in contact with an infected person;
- they have returned from abroad.

KAMATSIAQTUT HELP LINE

Contact 1-800-265-3333 (24/7)

if you experiment:

- stress or anxiety;
- lasting emotional reactions (frequent crying, irritability, etc.);
- a feeling of panic;
- ideas that keep spinning in your head, that scare you and invade you.

EMERGENCY CHILDCARE SERVICES

Contact your local community daycare
General information: KRG Childcare
Section **819-964-2961 ext. 2329**

AIR TRAVEL QUESTIONS

Send an email to covidtravel@krg.ca.

INCOME TAX RETURN

The deadline for filing and transmitting the personal tax return has been extended to **June 1, 2020**.

TAMAANI

Tamaani will not suspend any customers' service. For more information, contact **1-888-826-2264**.

HEALTH AND SOCIAL SERVICES

Contact your local hospital or nursing at **819-XXX-9090**.



Be safe, stay home and wash your hands!

Follow the KRG official Facebook page to receive more information.

03/30/2020