



CENTRE D'AIDE AUX VICTIMES
D'ACTES CRIMINELS

A Step Toward Healing



1 866 LECAVAC (532-2822)

cavac.qc.ca

What are the services?

- ▶ Intake, comforting, listening and moral support
- ▶ Support to cope with the stress and trauma caused by victimization
- ▶ Referral to specialized services
- ▶ Information on your rights and remedies
- ▶ Information on the legal and paralegal process
- ▶ Accompaniment and preparation for testimony
- ▶ Assistance to fill out various forms
- ▶ The service is offered in respect for the person's needs and rhythm

Regardless of...

- ▶ the nature or seriousness of the crime
- ▶ whether the crime is recent or past
- ▶ whether or not the crime is reported to the police
- ▶ whether or not the victim brought a complaint
- ▶ whether or not the perpetrator of the crime was identified
- ▶ whether or not the person is involved in a legal process

How?

- ▶ Contact the CAVAC in your region
- ▶ Telephone or in-person consultation
- ▶ The caseworker may visit various places in the community
- ▶ The consultations may be held at the CAVAC's offices
- ▶ The service is free and confidential

Who can seek services ?

- ▶ People of any age, sex and gender
- ▶ Any victims of a crime
- ▶ Any witnesses to a crime
- ▶ The close relations and family of a victim of a crime



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What are the benefits of the CAVAC?

- ▶ Be listened to and validated
- ▶ Break isolation and silence
- ▶ Regain power and increase self-confidence
- ▶ Be prepared to navigate the court system
- ▶ Be accompanied in a dejudicialization process
- ▶ Make progress towards wellness

To contact your local CAVAC

CAVAC Abitibi-Témiscamingue
1-866-335-5599

CAVAC Bas-Saint-Laurent
1-800-820-2282

**CAVAC Capitale-Nationale
et Chaudière-Appalaches**
418-648-2190 #101

CAVAC Centre-du-Québec
1-866-962-2822

CAVAC Cri :
Ouje-Bougoumou Waswanipi :
19 Ouje-Bougoumou Meskino,
418-745-2260 #8204 / 873-995-8800

Chisasibi :
1461 Wolverine Road,
819-855-2120 #8811 / 873-995-3576

Mistissini :
301 Queen Street,
418-923-2661 #8003 / 418-803-3654

Wemindji Whapmagoostui :
10 Tawich Road, Wemindji,
819-978-3300 #8703 / 819-342-5296

Waskaganish, Eastmain, Nemaska :
2 Kapatagan Meskanu, Waskaganish
819-895-2126 #8503 / 819-527-9759

CAVAC Estrie :
819-820-2822

**CAVAC Gaspésie et
Îles-de-la-Madeleine :**
1-866-892-4331

CAVAC Lanaudière :
1-888-755-6127

CAVAC Laurentides :
1-800-492-2822

CAVAC Laval :
1-877-629-4580

CAVAC Mauricie :
1-888-552-2822

CAVAC Montérégie :
1-888-670-3401

CAVAC Montréal :
514-277-9860

CAVAC Outaouais :
1-800-331-2311

CAVAC Saguenay-Lac-Saint-Jean :
1-877-543-9695

Sapummijit
Inukjuak :
1-888-254-8170

Kuujuarapik, Umiujaq :
1-888-929-3742

**Kuujuaq, Kangiqsuaq, Tasiujaq, Aupaluk,
Kangirsuk, Quaqtaq, Kangisualujuaq :**
1-866-778-0770

Puvirnituq, Akulivik :
1-844-988-2867

Salluit, Ivujivik :
1-855-255-8328

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